

GP Mental Health Plan (GPMHP)

Patient Demographic Details
Name: Ninacska Lander
DOB: 15/05/2010
Address: 63 Profkes Road, Mt Tarampa, Mt Tarampa, QLD, 4311
Phone: 0498323182
Medicare Details: No. 4196361112 Index 8 Expiry 5/2025

Patient

Name Miss Ninacska Lander
Sex Female
DOB 15/05/2010
ATSI Aboriginal but not Torres Strait Islander origin
Address 63 Profkes Road, Mt Tarampa, QLD 4311
Preferred contact number 0498323182

Item Type

GP Mental Health Plan Review

Patient Allergies

No known allergies(NKA)

Patient Medical History

Status	Condition	Comment	Started	Ended
Ongoing	Asthma			
Ongoing	Being worked up for ? ASD	Seeing Dr Satharasinghe (paediatrician at Kambu) Referred to GEM for assessment 6 monthly paed reviews		
Ongoing	Generalized anxiety disorder	Being worked up by Paediatrician (Dr Satharasinghe @ Kambu) Reccomended clonidine and 6 monthly reviews Also referred to GEM for assessment	1/01/2022	

Patient Medications

Drug	Dose	Frequency	Admin	Indication	Route	Script Date	Prescribed By
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Clonidine hydrochloride Tablets 100mcg	1 (100 mcg)	Night	Regular	Oral	25/08/2022	Dr Keshan Satharasinghe (Kambu Ipswich)
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Problems

Problems, Needs or Condition	Goals - Changes to be achieved	Required treatments and services including patient actions	Arrangements for treatments/services
Social anxiety	Improved social skills, reduced anxiety, increased social confidence	Regular psychology review	Kambu GP Psychologist

Review Schedule

Problems, Needs or Condition	Review 1 (1/09/2022)	Review 2	Review 3
Generalized anxiety Possibly ASD, being worked up for this and GAD by paediatrician	Referral for mental health clinician input - Dr Mary in Rosewood Referred to GEM for ADOS by paediatrician		

Safety Plan

Warning signs	
Relapse prevention strategies	
When to be concerned	
Who needs to be contacted / involved	
Contact details	

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Appropriate psycho-education provided Yes
Copy of plan offered to person and / or carer Yes
Consent given to provide copy of this care plan to external providers involved in mental health care Yes
Date GP Mental Health Plan Review completed 15/12/2021
Review Date 15/03/2022
Appointment

Provider Details

Doctor's Name Dr Andrew Taylor (Kambu Laidley)
Practice address 2/235 Patrick St
Laidley, QLD, 4341
Australia
Provider number 5421362W
Phone (07) 5465 3541
Fax (07) 5464 3156

GP Signature.	Kambu Health Laidley (Kambu Laidley) 2/235 Patrick St, Laidley, QLD 4341	Dr Andrew Taylor (Kambu Laidley)	15-12-2021
Patient Signature			